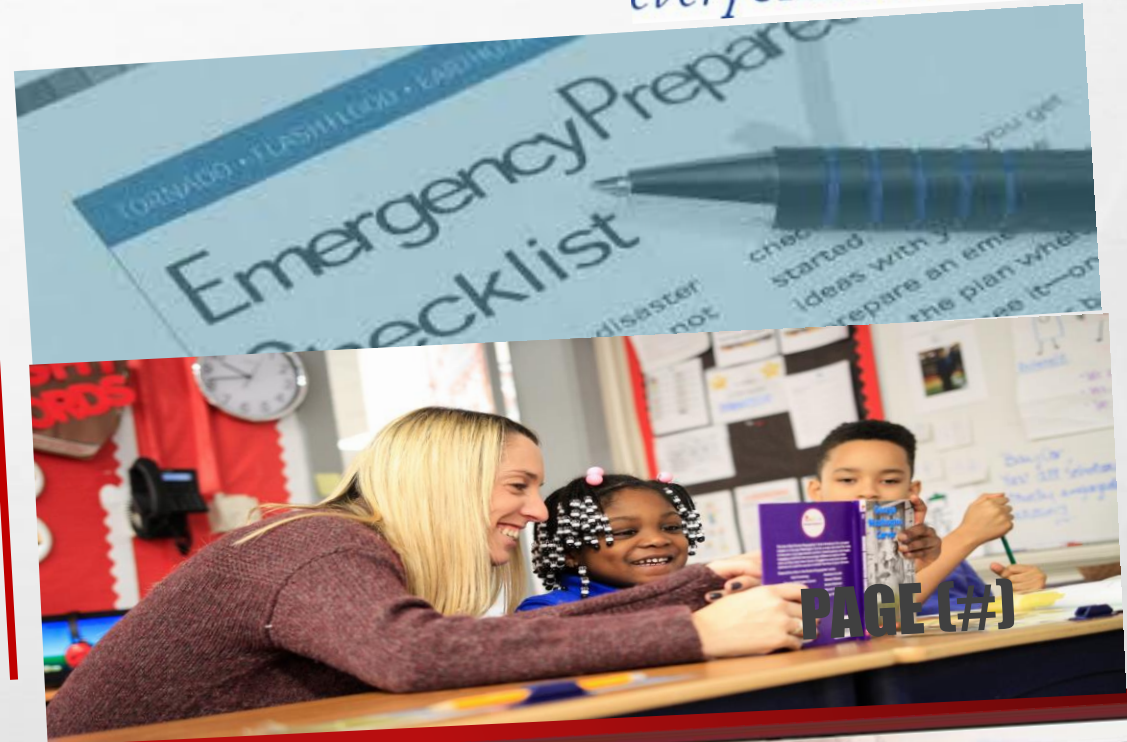


EMERGENCY PREPAREDNESS CHAIR MEETING

TUESDAY, OCT. 3RD @ 11:00AM
ZOOM MEETING



PAGE (#)

Agenda

- Meet the Northshore School District Safety & E-Prep Team
- E-Prep Chair Training

**Emergency
Preparedness**



Preparedness is Everyone's Job.

10/3/2023

AGENDA

- **11:00 AM** **GROUND RULES, INTRODUCTIONS**
(NAME, SCHOOL, EMAIL IN CHAT)
- **11:20 AM** **E-PREP MISSION, GOALS, VALUES**
- **11:25 AM** **E-PREP CHAIR TRAINING SESSION** *(TOPICS & DATE)*
- **11:30 AM** **NSD SAFETY & SECURITY PLANS**
(TOM PETERSEN, HENRY SIMON IS NOT ABLE TO ATTEND)
- **12:00 PM** **NEXT STEPS AND CLOSE MEETING**

**Emergency
Preparedness**



Preparedness is Everyone's Job.

10/03/2023

GROUND RULES

YOUR BEHAVIORS CAN HELP THE TEAM PERFORM:

- ***ENTER NAME, SCHOOL AND E-MAIL - TO BE ON DISTRIBUTION***
- ***MUTE YOUR COMPUTER, WHEN NOT SPEAKING***
- ***LISTEN ACTIVELY, "SEEK FIRST TO UNDERSTAND"***
- ***POLITE & RESPECTFUL OF EACH OTHERS POINT OF VIEW***
- ***IT'S OK TO ASK QUESTIONS AND CHALLENGE***
- ***REGULAR ATTENDANCE - NEED WHOLE TEAM TO LEARN TOGETHER***



INTRODUCTIONS



LANEA MILLER, NEW COUNCIL E-PREP CO-CHAIR

- ***CERT TRAINER***
- ***HAM OPERATOR***
- ***A.C.T TO SAVE A LIFE TRAINER***
- ***NEMCO TRAINER***
- ***STOP THE BLEED, FIRST AID & CPR***
- ***MOULAGE TRAINED***

E- PREP TEAM

OUR VISION:

- **ACHIEVE A WHOLE COMMUNITY APPROACH OF EMERGENCY PREPAREDNESS,**

SET FORTH BY THE FEDERAL EMERGENCY MANAGEMENT ASSOCIATION (FEMA), AS IT RELATES TO OUR SCHOOL COMMUNITIES THROUGHOUT THE NORTHSHORE SCHOOL DISTRICT. THE WHOLE COMMUNITY APPROACH IS A CONCEPT THAT **EMERGENCY PREPAREDNESS IS A SHARED RESPONSIBILITY AND CALLS FOR THE INVOLVEMENT OF EVERYONE IN ORDER TO ATTAIN A SECURE, RESILIENT COMMUNITY.**

OUR MISSION:

- TO PROVIDE CHAIR TEAM TRAINING, NETWORKING, AND SUPPORT TO EMERGENCY PREPAREDNESS CHAIRS FROM EACH SCHOOL IN ORDER TO ENCOURAGE COLLABORATION BETWEEN SCHOOL AND PTSA; TO **ASSIST** AND **SUPPORT** IN THE MANAGEMENT OF EMERGENCY PLANS, SUPPLIES, PREPAREDNESS EDUCATION, COMMUNITY ENGAGEMENT, AND FACILITATION OF DRILLS THROUGH **BUILDING A RELATIONSHIP** WITH THE SCHOOL PRINCIPAL, VICE PRINCIPAL AND EMERGENCY COORDINATOR.

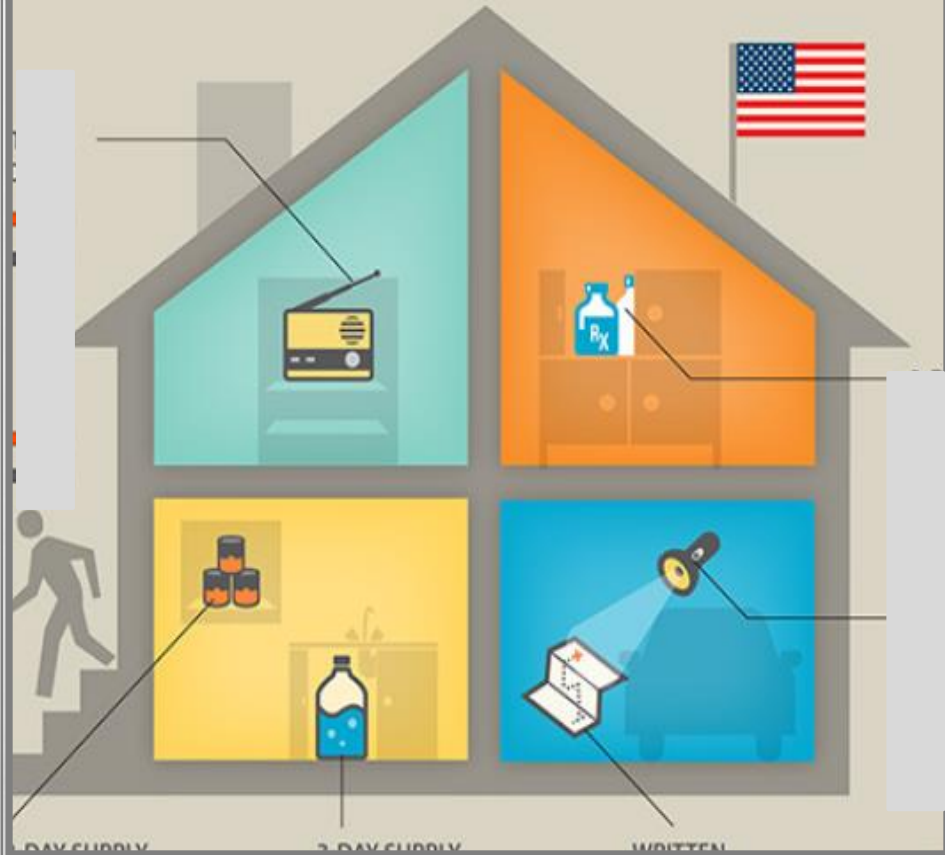
OUR VALUES:

- **EQUITABLE**
- **DEDICATED**
- **INTEGRITY**
- **TEAMWORK**
- **COLLABORATIVE**
- **CREATIVE**
- **PROACTIVE**
- **PROFESSIONAL**

Preparation through education is less costly than learning through tragedy

ARE YOU READY?

HOUSEHOLD EMERGENCY PREPAREDNESS:



OBJECTIVES CONVERSATION

- **CULTURE OF PREPAREDNESS** – HOME DISASTER PLAN, DISASTER PREPAREDNESS, CERT, TEEN CERT, STOP THE BLEED, FIRST AID, & ACT TO SAVE A LIFE
- **INCREASE PARTICIPATION** - OUT-REACH TO ENGAGE PARENTS AND TEENS
- **BRING IN SPEAKERS** - EDUCATE AND CREATE AWARENESS
- **PTA FEEDER PATTERN LINKS** – CHAIRS SUPPORTING CHAIRS
- **MONTHLY E-MAILS** – PREPAREDNESS FAMILY TODO'S & FEMA INFO
- **SUPPORT E-PREP CONTAINER IMPROVEMENTS & SUPPLIES** – TOUGH SHED, REPLACE PPE, ORGANIZE AND STORE SUPPLIES
- **MONTHLY ZOOM MEETINGS** - EXCEPT HOLIDAYS, SPEAKERS/EVENTS AT SEPARATE MEETINGS

WE WILL DISCUSS OBJECTIVES AT OUR NEXT MEETING

Emergency Preparedness



Preparedness is Everyone's Job.

10/03/2023

E-PREP CHAIR TRAINING

Proposed Dates:

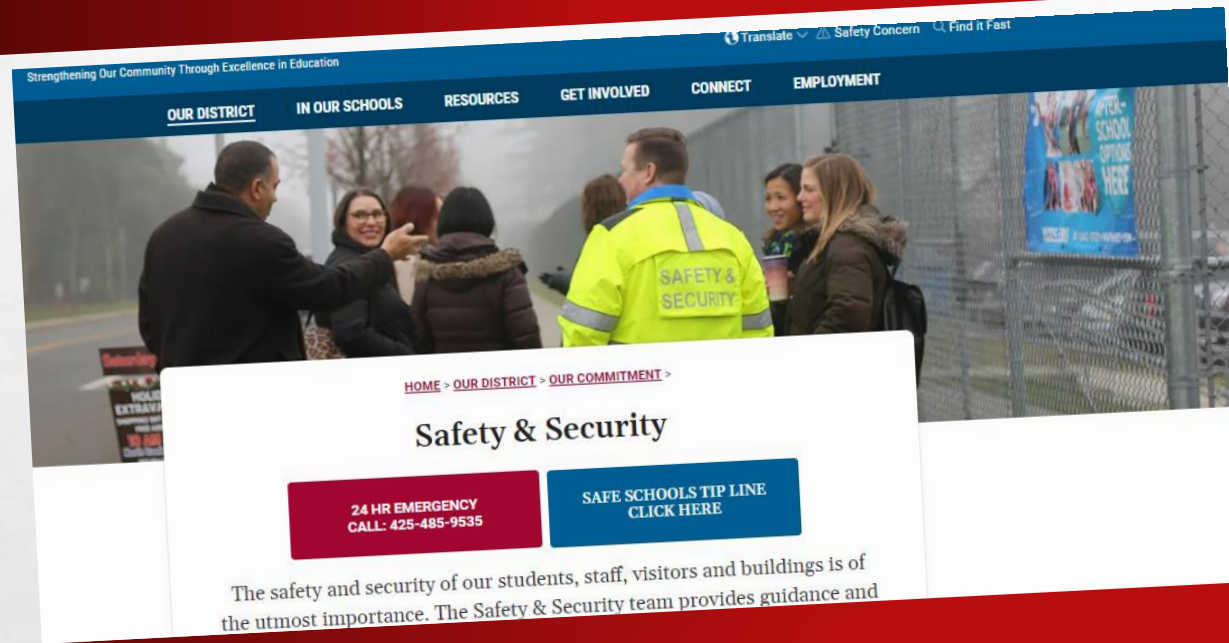
- 🕒 **Tuesday Oct 17th 6:30PM to 7:30PM via Zoom**
- 🕒 **In chat let me know if that works**

Who Should Attend:

- 🕒 PTA/PTSA E-Prep chairs (experienced or new)
- 🕒 PTA/PTSA President or Vice President interested in understanding
- 🕒 Any active PTA/PTSA members interested in E-Prep

Topics:

- 🕒 Recap Mission, Goals, Values
- 🕒 Overview E-Prep Chair Role and School E-Coordinator, Vice-Principal role
- 🕒 What is preparedness advocacy?
- 🕒 Creating a culture of preparedness
- 🕒 Council E-Prep website resource introduction
- 🕒 Connecting with other chairs in the feeder pattern
- 🕒 Tips for E-Prep chairs
- 🕒 Next steps



NSD SAFETY, SECURITY, E-PREP 2023-2024

WWW.NSD.ORG/OUR-DISTRICT/WHO-WE-ARE/SAFETY-SECURITY



Safety at Home

Resources for Students & Families



Facts & Data

Each year, nearly 40,000 Americans die by suicide, homicide, or accidents with firearms.

A similar number of young children end up in emergency rooms each year because they got into medications while an adult wasn't looking, according to the Centers for Disease Control and Prevention (CDC).

In Washington state, 39 children died as a result of guns in 2015. This is the equivalent of a child or teen being killed by gunfire every 9 days.

According to the U.S. Drug Enforcement Administration (DEA), 6 out of 10 fentanyl-laced pills contain a potentially lethal dose. Washington state had the biggest increase of fatal overdoses in the nation last year.

School nurses reported a seven-fold increase in opioid overdose medication administered in Washington state schools last year, according to OSPI data.

Action Items

- Talk to your children about medication safety and teach them to stay away from guns.
- Keep guns unloaded, locked, and out of reach. Store them in a gun safe or lock box, or use a trigger lock.
- Lock all ammunition in a separate location from the firearm, and hide the keys to all lock boxes.
- Keep medications in a lock box, and make sure the safety caps on medications are locked.
- **If you think your child might have gotten into a medication, call [Poison Control](#) at (800) 222-1222 right away, even if you're not completely sure.**
- Talk to the caregivers of your child's friends about gun safety, medication safety, and storage methods.
- Safely dispose of leftover medications, especially opioids.
- Consult with local law enforcement to safely dispose of guns you no longer want. There are strict laws governing the transfer of gun ownership.

Social Media Safety

Resources for Students & Families



Facts & Data

According to Healthy Youth Survey (HYS) results from 2021, 42% of Washington's students report having three or more hours of screen time per day.

In 2021, three questions assessing internet use were added to the HYS. According to the Problematic and Risky Internet Use Screening Scale, results from these three questions showed that 18.1% of Washington tenth-grade students were considered at risk for problematic internet use.

The US Surgeon General reported that U.S. adolescents aged 12-15 who spent more than three hours per day on social media faced double the risk of experiencing poor mental health outcomes, including symptoms of depression and anxiety.

The American Psychological Association recommends that adults inquire about and monitor the social media use of youths and adolescents.

Action Items

- Make sure online privacy settings are set to the most secure level.
- Talk with students about how social media makes them feel. Explain that social media platforms are designed to be addictive. Help students determine what content is real and what content is questionable, and empower them to make informed choices. There's great tips in conversation starters!
- Help students report cyberbullying and other harmful content, and talk to them about why it's important for them not to spread it themselves.
- Encourage students and families to create a family media plan that includes engagement in both positive uses of social media and tech-free activities.
- Set a good example by modeling responsible social media use.

10/03/2023

NEXT STEPS

- E-Prep Monthly Meetings , 1st Tuesday @ 11:00 AM to Noon - Zoom

2023 Meetings

- Nov 7, 2023
- Dec 5, 2023

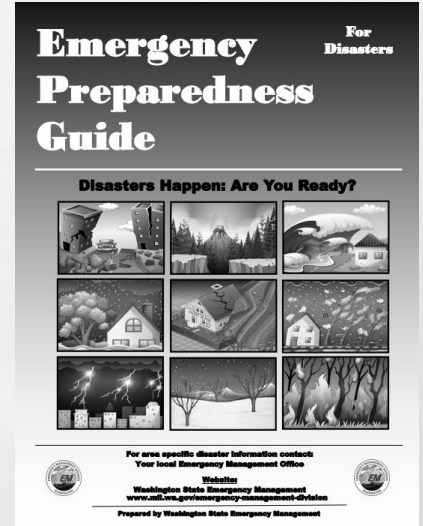
2024 Meetings

- Jan 2, 2024
- Feb 6, 2024
- Mar 5, 2024
- Apr 2, 2024
- May 7, 2024
- Jun 4, 2024

- E-Prep Chair Training - Tuesday Oct 17th @ 6:30 PM to 7:30 PM via Zoom
- [Volunteer Background Verification](#) – Please do your on-line Application if you are going on-site
- Ensure you have your PTSA membership

- Introduce yourself and your PTSA to the School E-Coordinator, Nurse, and Vice Principal
 - Ask how the PTSA can help and assist

- Prepare for our Next Meetings discussion regarding Objectives
 - **READ THE FOLLOWING** (live links..click on them):
 - [NSD Safe Schools Advisory Committee Report](#)
 - [Reunification Process](#)
 - [School Safety Center – WA OSPI](#)



Click on Pictures

