

# EMERGENCY PREPAREDNESS CHAIR MEETING

FRIDAY FEBRUARY 26<sup>TH</sup>  
ZOOM MEETING



**PTSA**  
everychild.onevoice.®



<https://www.cdc.gov/parents/children/back-to-school.html>

**Emergency  
Preparedness**



*Preparedness is Everyone's Job.*

# AGENDA

- 10:00 AM INTRODUCTIONS, GROUND RULES
- 10:10 AM WA STATE PTA ADVOCACY UPDATE – SHERRY RUDOLPH
- 10:20 AM STOP THE BLEED BULK PURCHASE PROCESS & A.C.T SAVE A LIFE TRAINING - TRACY
- 10:30 AM CERT AND RUN-HIDE-FIGHT TRAINING - ROBIN
- 10:40 AM NSD UPDATE
- 11:00 AM PREPARING FOR NEXT YEAR - FINDING YOUR REPLACEMENT?
- 11:10 AM ANNOUNCEMENTS
- 11:20 AM PTA E-PREP SHARING & WRAP-UP



# GROUND RULES

YOUR BEHAVIORS CAN HELP THE TEAM PERFORM:

- **ENTER NAME AND GROUP IN CHAT – MUTE UNLESS TALKING**
- **LISTEN ACTIVELY, “SEEK FIRST TO UNDERSTAND, THEN BE UNDERSTOOD”**
- **POLITE & RESPECTFUL OF EACH OTHERS POINT OF VIEW**
- **IT’S OK TO ASK QUESTIONS AND CHALLENGE – USE THE CHAT**
- **MAKE THINGS VISIBLE – USE THE CHAT**
- **STAY ON-TRACK - KEEP FOCUSED, USE CHAT TO PARLING LOT IDEAS**
- **DO WHAT YOU SAY YOU WILL**
- **HELP EACH OTHER - STRUCTURE DISCUSSIONS**
- **REGULAR ATTENDANCE - NEED THE WHOLE TEAM TO LEARN TOGETHER**



**WARNING**  
**YOU ARE BEING**  
**RECORDED**

**Emergency  
Preparedness**



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**2/26/2021**

# WSPTA ADVOCACY UPDATE

## In Washington State:

- During the 2018-19 school year, our state Superintendent of Public Instruction tallied over **100 firearm incidents** in our schools or school transportation systems.
- Seventy percent of school buildings are in high seismic areas. In these areas, schools built before 1975 have a moderate to very high life safety risk.
- School districts are neither funded nor required to keep safety plans and materials up-to-date.
- A warming climate and greenhouse gases increase dangerous air quality. Children and their developing lungs are particularly vulnerable to allergies and asthma, heat stroke and heat exhaustion, and disease transmitted by insects as the climate changes.

Please write your legislators and encourage your friends and community members to take a few minutes for the safety of our kids.

Sherry Rudolph, WSPTA Advocacy Director

<https://www.wastatepta.org/focus-areas/advocacy/>

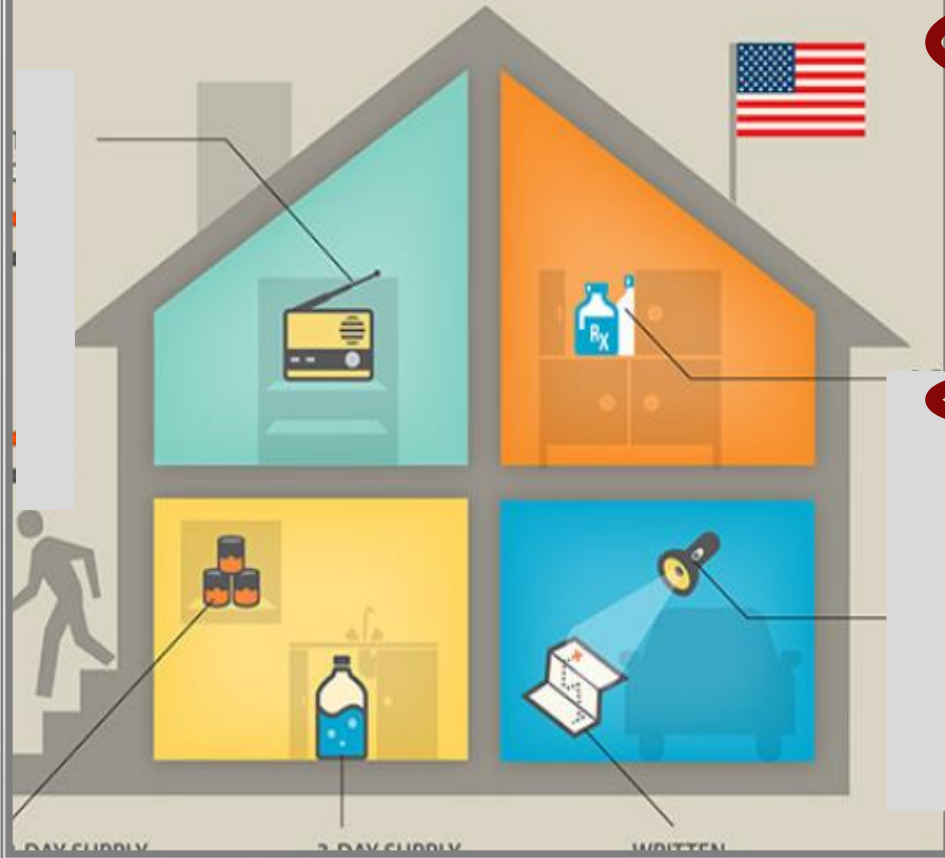
## LEGISLATIVE BILLS:

- PREVENTING GUN VIOLENCE & SUICIDE
- SCHOOL SAFETY, PLANNING & EMERGENCY PREPAREDNESS
- COVID/EARLY ACTION
- [HTTPS://WWW.WASTATEPTA.ORG/WP-CONTENT/UPLOADS/2021/02/WSPTA-BILL-STATUS-WEEK-7-2.22.21.PDF](https://www.wastatepta.org/wp-content/uploads/2021/02/WSPTA-BILL-STATUS-WEEK-7-2.22.21.PDF)



# ARE YOU READY?

HOUSEHOLD EMERGENCY PREPAREDNESS:



## E-PREP OBJECTIVES

- **CULTURE OF PREPAREDNESS** – HOME DISASTER PLAN, DISASTER PREPAREDNESS, CERT, TEEN CERT, STOP THE BLEED, FIRST AID, & ACT SAVE A LIFE
- **INCREASE PARTICIPATION** - OUT-REACH TO ENGAGE PARENTS
- **BRING IN SPEAKERS** - EDUCATE AND CREATE AWARENESS
- **PTA FEEDER PATTERN LINKS** – CHAIRS SUPPORTING CHAIRS
- **SUPPORT COMBINED GROUP PURCHASES**
- **SUPPORT E-PREP CONTAINER IMPROVEMENTS & SUPPLIES** – REPLACE PPE, ORGANIZE AND STORE SUPPLIES
- **MONTHLY ZOOM MEETINGS** - LAST FRIDAY 10:00AM EXCEPT HOLIDAYS, SPEAKERS/EVENTS AT SEPARATE MEETINGS

# STOP THE BLEED (STB) KITS

**Total Kits todate: 230**      **Expected prices: \$41/kit**

## BULK PURCHASE PROCESS:

- PTA COUNCIL WILL SEND OUT A SPREADSHEET WITH STB QUANTITY & INSTRUCTIONS TO ALL PTA'S - **MARCH 5<sup>TH</sup>**
- SCHOOL STB KIT QUANTITY, PTA TREASURER NAME & E-MAIL TO BE CONFIRMED - **MARCH 30<sup>TH</sup>**
- **CHECKS TO NSD, 3330 MONTE VILLA PARKWAY, BOTHELL, WA**
  - *STB QUANTITY AND SCHOOL NAME ON CHECKS IN CHECK MEMO AREA*
  - *ATTENTION: CATHERINE BARELA, NSD SAFETY & SECURITY PURCHASING*  
**[CBARELA@NSD.ORG](mailto:CBARELA@NSD.ORG)**
  - *ENSURE YOUR PTA INFO CAPTURED ON COUNCIL PTSA TRACKING SPREADSHEET*
- NSD TO PLACE THE ORDER - **APRIL 30<sup>TH</sup>.**
- RECEIPTS AND STB KIT DELIVERY - **JUNE 2021**
- THE E-PREP COMMITTEE WOULD LIKE TO SEE THE STAFF AT EACH SCHOOL ATTEND A 1-HOUR A.C.T. SAVE A LIFE TRAINING (AVAILABLE FROM CLARK COMBS)





**Learn three skills to save a life, all in 1 hour**

- 1. Antidote for suspected opiate overdose**
- 2. Hands Only CPR for sudden cardiac arrest**
- 3. Tourniquet for bleeding control**

### **Northshore School District Online Class Offerings**

- Thursday, March 4 @ 3:00 PM
- Thursday, March 11 @ 4:00 PM
- Thursday, March 18 @ 3:00 PM
- Thursday, March 25 @ 4:00 PM

## **Teachers/Staff Training**

Registration is required on the NSD Professional Development page

<https://nsd.truenorthlogic.com/ia/empari/tab/home>

Type **ACT** into the course search to find the course day and time options

Questions? Contact [ccombs@nsd.org](mailto:ccombs@nsd.org)



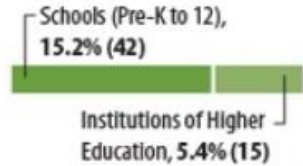
# ACTIVE SHOOTER – CERT TRAINING

## FBI ANALYSIS

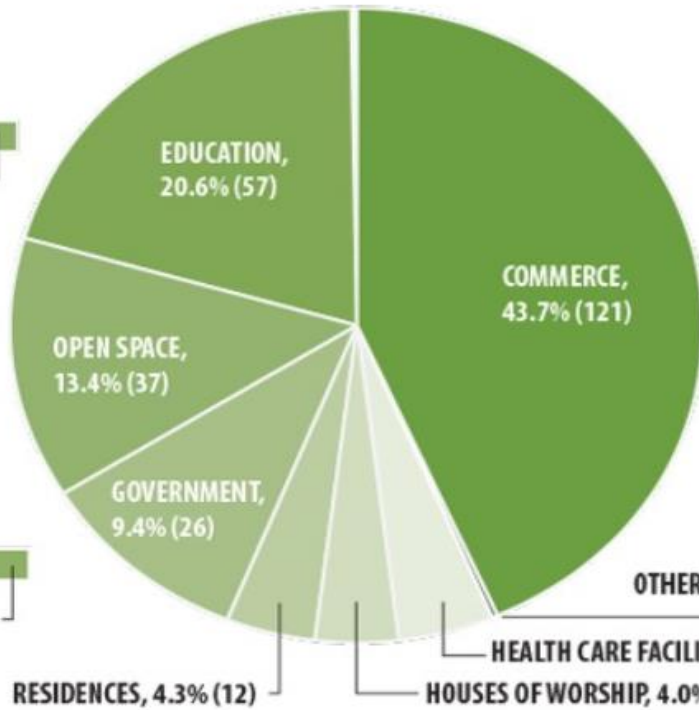
**Quick Look:** 277 Active Shooter Incidents in the United States Between 2000 - 2018

### Location Categories

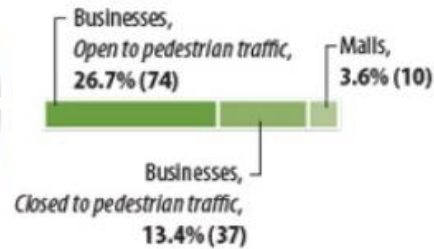
#### EDUCATION



#### GOVERNMENT



#### COMMERCE



Source: Federal Bureau of Investigation, 2018





# ACTIVE SHOOTER – CERT TRAINING



## RUN

- IF THERE IS AN ACCESSIBLE ESCAPE PATH, ATTEMPT TO EVACUATE THE PREMISES

## HIDE

- IF EVACUATION IS NOT POSSIBLE, FIND A PLACE TO HIDE WHERE THE ACTIVE SHOOTER IS LESS LIKELY TO FIND YOU

## FIGHT

- IF YOU ARE UNABLE TO RUN, EVACUATE OR HIDE AND WHEN YOUR LIFE IS IN IMMINENT DANGER, YOU MAY ATTEMPT TO DISRUPT AND/OR INCAPACITATE THE ACTIVE SHOOTER



**1 hour fema training IS-907 :**

<https://training.fema.gov/is/courseoverview.aspx?code=IS-907>



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**2/26/2021**  
PM 8-7

## Resources

More information about safety and emergency planning is available from the following resources:

+ ARE YOU READY TO CALL 9-1-1?

+ BULLYING AND HARRASSMENT

+ GANGS IN SCHOOL

- FIRE SAFETY

**Fire Safety**

+ Sparky's Fire House - activities for pre-school to 5th grade

+ School Evacuation Drills During Covid-19

+ Virtual Fire Safety Lesson

+ Videos

+ EMERGENCY PLANNING

+ GUN SAFETY

**GUN SAFETY**

+ INTERNET SAFETY

+ NATURAL DISASTERS

+ TALKING POINTS FOR ADULTS - EMERGENCY DRILLS (Safety Squad)



# SCHOOL DISTRICT UPDATE

- **WEEKLY REOPENING UPDATE:**

[HTTPS://WWW.NSD.ORG/OUR-DISTRICT/LEADERSHIP/SUPERINTENDENT#](https://www.nsd.org/our-district/leadership/superintendent#)

- [HTTPS://WWW.NSD.ORG/NORTHSHORE-LEARNS/UPDATES](https://www.nsd.org/northshore-learns/updates)

- [SAFETY RESOURCES:](#) BOTHELL FIRE HAS CREATED SOME CURRICULUM FOR ELEMENTARY SCHOOL CLASSES AND OTHER VIDEO LINKS OFF THEIR CITY OF BOTHELL PAGE

# PREPARE FOR NEXT YEAR

- Time to find a replacement?
  - Contact feeder School PTA
  - Share Job Description online



<http://www.northshorecouncilptsa.org/ep-chair-info.html>



# ANNOUNCEMENTS

- **NEMCo:**
  - WinLink – Ham Radio Exercise Feb 20 - Feb28
  - Free CERT Classes starts March 8, 2021 [REGISTRATION FORM](#)
  - <https://www.northshoreemc.com/>
- **Youth Preparedness Council (YPC)** applications closes on March 7, 2021, visit the [website](#) and click the following link to [apply!](#)
- [2021 Communications Academy](#) HAM Radio April 11, 2021
- [A.C.T Save A Life training](#) South County Fire
- **Free Online Hybrid CERT** – [click here](#)
- [Shake Alert Warning System – May](#)
- **Northshore Fire** - Woodinville Fire & Rescue and the Northshore Fire Department merger Vote April 27 – ZOOM Meeting March ([SLIDES HERE](#))
- **National Level Exercise Cascadia Rising 2022** June 13-17, 2022.



The poster is for the Community Emergency Response Team (CERT). It features the CERT logo at the top left, the year 2021 at the top center, and the NEMCo logo at the top right. The title "Community Emergency Response Team" is prominently displayed. The text describes CERT as an organization of volunteer emergency workers who have received specific training in basic disaster response skills. It explains that following a major disaster, local first responders may not be able to meet the demand for their services, and residents and visitors may need to rely on each other for help. The poster also mentions that the NEMCo CERT program will educate participants about local hazards, basic disaster preparedness, and provide hands-on training that includes fire safety, light search and rescue, and disaster medical operations. A section titled "What to expect at our hybrid CERT class?" describes the training format, which includes 3-hour sessions spread over 8 weeks, ending in a large disaster simulation. It notes that with current COVID restrictions, the training has been adapted to 2-hour online live instruction and a single one-day (3-hour) hands-on skill session. A photo shows a group of people in yellow safety vests and hard hats. Contact information for Carl Lunak is provided at the bottom right, along with the website www.northshoreemc.com and several logos at the bottom.

*Click on this Picture for link*



## Emergency Preparedness Chairs.

Join our facebook page:

Get answers to questions.

Safety & E-Prep events, training

Get connected

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