



The Northshore Community Kitchen is a partnership between Northshore Council PTSA and Northshore YMCA to help alleviate student hunger in our community. The Community Kitchen was launched in April 2012 and currently prepares and distributes around 80 meals each week, year-round.

We have four volunteers in the kitchen at the Y at the Carol Edwards Center in downtown Woodinville for two hours each Wednesday morning preparing ready-to-eat meals, and two other volunteers distributing the meals that same evening to families who've enrolled in the program. Although the meals are not identical each week, they normally include a meat or vegetarian sandwich option, an family-sized entrée, fresh fruit, vegetable sticks, trail mix, yogurt and eggs (when available). All information about families is kept in the strictest confidence, although contact information is needed so families can be advised of any scheduling changes. Contact Sue for family enrollment details.

Also during the school year, we make 25 'sack meals' for students who attend the after school 'Hang Time' program at Kenmore JH. These sacks are picked up from the Y at the CEC by a YMCA staff member and taken to the school on Wednesday afternoons.

Adult Kitchen volunteers must either be PTA members or registered YMCA volunteers. Student volunteers must be junior high or high school students. All volunteers must complete and return the appropriate Kitchen Volunteer Agreement. Volunteers involved in food preparation on the morning shift must have a current WA Food Worker Card. No Food Worker Card is required for evening volunteers, but they must be aged 18 or over because of privacy/confidentiality issues. Contact Sue for details. Once paperwork is complete, volunteers sign up for shifts through our on-line sign-up site.

A Kitchen Task Force meets regularly to exchange ideas and share information. Sustaining supporters are Northshore School District, Hope-link (Northshore/Kirkland), Village Wines (Woodinville), and Farms for Life (Woodinville). The Kitchen has benefitted from food/pantry item drives organized by local PTAs and businesses and from financial donations from individuals and PTAs. For a list of the specific food and pantry items we use on a regular basis or to make a financial donation please contact Sue. Donations - one-time or on a regular weekly basis - of fresh fruit and vegetables may be scheduled: contact Sue for details.

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