Emergency Preparedness (E-Prep) Monthly Meeting

May 6, 2025

Emergency Preparedness

Preparedness is everyone's job.

Northshore Council PTSA 6.10

Preparedness by education is less costly than by tragedy.

Agenda

Please add your name, school, and email in the chat. Thank you!

Introductions

Guest Speaker Brenae Brix on Advocacy

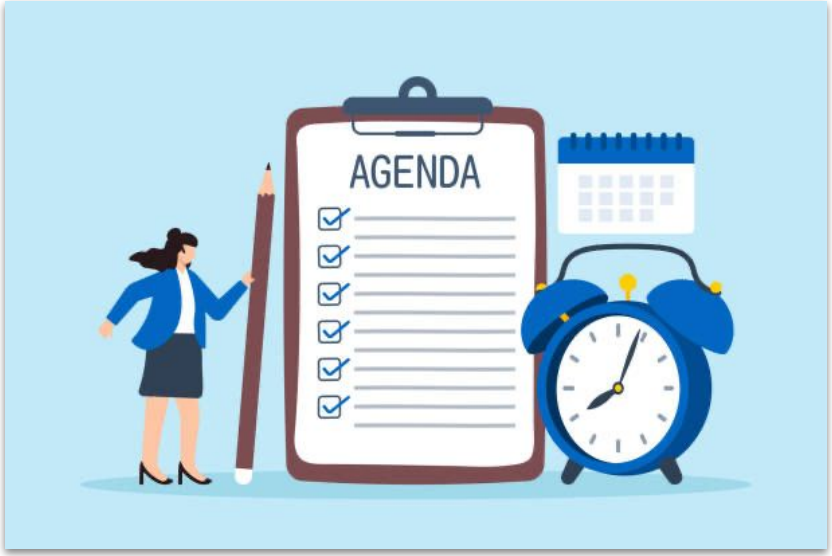
Safety and Security Updates:

- Cedric Collins
- Tom Petersen
  - Reunification Drill
  - Fencing updates, food/water resupply

Upcoming Activities

Training Opportunities

Action Items



E-Prep Team

E-Prep is a subcommittee of the Northshore Council PTSA and includes representatives from every school

Vision: To achieve a Whole Community approach to emergency preparedness and resilience, as set forth by the Federal Emergency Management Agency (FEMA), within our school communities throughout NSD. The Whole Community approach emphasizes that emergency preparedness is a shared responsibility, calling for the involvement of everyone to create a secure and resilient community.

Mission: To provide training, networking, and support to PTSA parents and emergency preparedness chairs from each school, fostering collaboration between the school and PTSA. We aim to assist in the management of emergency plans, supplies, preparedness education, community engagement, and the support of drills. This will be achieved by building strong relationships with the school administration, emergency coordinator, nurse, and custodial staff.

Monthly meeting are recorded and can be found HERE

Values:

Equitable

Dedicated

Integrity

Teamwork

Collaborative

Creative

Proactive

Professional

Questions? eprep@northshorecouncilptsa.org

2025-2026 Council E-Prep Co-Chairs

Tracy Jokisch

- Worked in emergency medicine and orthopedics for 20+ years
- PTSA emergency preparedness for 22+ years
- Helped establish district reunification and Stop The Bleed
- Community Emergency Response Team (CERT)

Jen Jennings Carr

- Former emergency management planner, trainer, led drills/exercises for Sandia National Laboratories and City of Bellevue
- Assisted Seattle Office of Emergency Management with Emergency Management Accreditation Program (EMAP) reaccreditation
- Emergency Operations Center (EOC) experience and OSO Slide EPI

This is Tracy's last year.
We are actively looking for a Co-chair.

Safety and Security General Meeting Topics

Current Safety Issues

Reunification

Student Advisory Committee

2025-2026 Budget

Visitor Management System

Water and food supplies

Training: CERT, ACT to Save a Life

Containers

Emergency Operations Plans (EOP)

Alert-avoid-deny-defend

School drills

Locks

Cameras

Radios

STANDARD REUNIFICATION METHOD™

i love u guys FOUNDATION®

Emergency Preparedness

Preparedness is everyone's job.

Northshore Council PTSA

NSD Council PTSA Advocacy Chair

Guest speaker Brenae Brix, Northshore PTSA Council Advocacy Chair

Advocacy encompasses children's health and safety, it helps promote policies and pushes for laws.

NSD Safety & Security

Cedric Collins, Director of NSD Safety & Security
ccollins@nsd.org, 425-408-7745

Tom Petersen, Emergency Preparedness Coordinator
tpetersen@nsd.org

District Reunification Drill Recap

Reunification drill at Pop Keeney, Tuesday April 28, 2026,

Thank you to everyone who volunteered and participated in the drill.

Please consider taking a post drill survey.

This is the actual sign that will be used at any district reunification event. Have parents familized themselves with this symbol.

STANDARD REUNIFICATION METHOD™

Emergency Preparedness
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Northshore Council PTSA

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Training: Community Emergency Response Team (CERT)

This program teaches participants about disaster preparedness. Basic curriculum equips community residents with the knowledge and skills to prepare themselves, their families, and neighbors for emergencies, disasters, or other community incidents until help arrives.

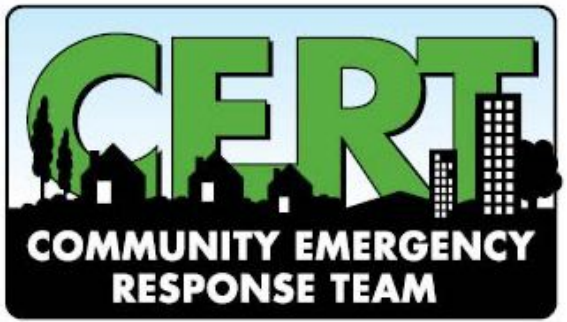
South County Fire (Oct 9th-11th, 2026, 8am-5pm)

NEMCO (CERT resources: videos)

City of Bothell (10 people class minimum)

Serve Washington (WA CERT resource)

University of Utah (Free online CERT class)



Training: Act to Save a Life: Antidote, CPR, and Tourniquet

South County Fire, serving south Snohomish County, developed the Act to Save a Life: Antidote, CPR and Tourniquet (A.C.T.) SouthSnoFire.org

ACT To Save a Life is a free one hour first aid class that focuses on three skills you can use to save a life in the first few minutes of an emergency:

- **Antidote** (Narcan) for suspected opiate overdoses.
- **CPR** and **AED** training for cardiac arrest.
- **Tourniquet** for severe bleeding control.

NOTE: This is not a certification course. The ACT curriculum follows industry standards; however, everyone is still encouraged to take a full CPR & First Aid course.

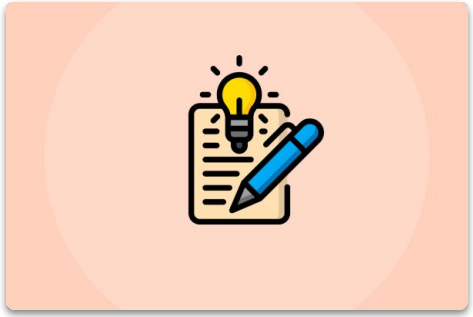
There are several staff members within Northshore School District that are able to teach this program. Consider hosting an event for this class.

Training: Stop the Bleed®

Life-threatening bleeding can happen in people injured in serious accidents or disasters. By learning how to Stop the Bleed®, you'll gain the ability to recognize life-threatening bleeding and act quickly and effectively to control bleeding once you learn three quick techniques.

Register for the next classes at the Providence Swedish Medical Building in Everett:

- 5/21: 2pm
- 6/11: 2pm

Action Items

1. Communicate about NSD Council PTSA Advocacy in your PTA newsletter
2. Mental Health resources from the recent NSD Connections Newsletter
3. Are you continuing your role as E-Prep Chair Volunteer at your school? If not, would you recommend someone for the role?
4. Last meeting of this school year: Wednesday, June 3, 10am-11am